

The Earl of Stamford Morris

DANCE NOTATION

ADDERBURY

Source: some dances via Hammersmith MM pre-1986 and via other sides more recently, also Bacon's Handbook, Sharp's Morris Book. Both stick and hanky dances.

Stepping: Usually outside foot both halves, right foot in Rounds, left in Hey. Normally 2 doubles, 2 singles, step-and-jump (take off on one foot, land on both). Rounds and hey 6 doubles, 2 singles, step-jump. Some dances have Plain Capers.

Sticks: Long sticks, vertical, held still. Clash with partner at the end of each half figure (but not half way through rounds or hey).

Hankies: Moved to make shape like apple on stalk, starting at the top of the stalk: down, around with a wide sweep, together & up (so up coincides with hop); in Hands Around, do it with spare hand. Circle both hands out at side at waist level in capers.

Figures: 1 Whole Rounds (walked or danced, immediately followed by Foot Up if there isn't one in the chorus); 2 Half Gip; 3 Process/Tops Down; 4 Process/Bottoms Up; 5 Hands Around; 6 Hey.

Foot Up is up twice as a figure, usually up once in a chorus.

Hey is a parallel reel. For 6, tops face down, other couples face up, all start stepping. Tops pass R shoulder with middles and L with bottoms; except at very end of the hey, turn R when you reach top of set and L when at bottom. For 8, middles face nearer end and all start passing R shoulder and turning R at both ends. Easy way in at very end of hey.

LILLIBULLERO

Stick dance for 6.

First figure Dance Around (no foot up).

Chorus: Sword fight 1st corners (hit tips high, big arc anticlockwise, hit tips low), 2nd corners, partner, then clash partner tips forehand backhand, then Foot Up. During 1st and 2nd corners, remaining dancers do same clashing with adjacent person: middles turn R first time and L second, stepping back slightly each time, so we have a neat pair of lines clashing at about 45°.

POSTMAN'S KNOCK

Stick dance for 8

Once to Yourself is singing in position "*Every morning as true as the clock somebody hears the postman's knock.*" Repeat.

Figures: Two figures for every chorus. Each double figure is preceded by banging butt of stick on the ground 3 times.

1 Rounds & Foot Up; 2 Half Gip & Back to Back; 3 Long Process Down (tops down); 4 Hands Around & Star; 5 Long Process Up (bottoms up); 6 Adderbury Hey & "Postman's Hey".

Star is R hand first, gripping wrist in front of you, then L (with clash half way).

Long Process Down/Up is done with each couple progressively joining in (no cast).

"Postman's Hey" is danced in 2 groups of 4. 1 goes to 4's place while 2 goes to 3's place (both diagonally downwards, 2 letting 1 cross in front, and turning out and up). At the same time 3 & 4 dance up the side to 1 & 2's places respectively and turn in. Stepping is 1 db moving, 1db on the spot throughout. Continue until all back to place, ie visit each house! 5678 do same.

Chorus: Odds hit evens' butts 3x, evens hit odds' butts 3x, repeat almost 4x; at end 3 slow clashes.

Sticking is done doubles first (2 hands on stick) then singles (1 hand) on alternate choruses. After the final chorus, the chorus is repeated (doubles) with singing and no music.

SWEET JENNY JONES

Stick dance for 6 (waltz time)

Once to Yourself is singing in position *"My sweet Jenny Jones is the pride of Llangollen, My sweet Jenny Jones is the girl I love best."* and clash.

First figure Dance Around (no foot up).

Stepping: Start right foot. RLR, Toe Heel Heel, LRL, RLR; LRL, THH, RLRL CLASH, ie count 3 steps then toe heel heel, then 6 steps, then (to 2nd half of music, starting left) 3 steps, toe heel heel, 4 steps clash. In the Hey, the 1st and 3rd couple should be in a line across the set on both the THHs.

Chorus: doubles, singles etc. Odds tips hit evens butts, evens tips hit odds butts etc for 10 hits, clash tips, then same again for 9 hits, clash tips. Then Foot Up (twice).

SHEPHERDS' HEY

Hand clapping dance. Can do it with hankies tied on or without hankies.

First figure Walk Around singing *"I can whistle, I can sing, I can do most anything. I can dance and I can play, I can dance the Shepherds Hey"* and Foot Up.

Chorus: First Time: Clap, touch right ankle, clap. Clap, touch left ankle, clap. Clap, clap under right leg, clap. Clap under left leg. Clap in front, behind, in front.

Second time knee, third time hip.

Final three times, a wave starting from the same place as the touch replaces the 2nd (and 4th) clap:

4th time shoulder, (ie clap, shoulder, wave etc); 5th lips; 6th "doff hat" while jumping same way as arm.

BLACK JOKE

Hankies.

Once to Yourself: on the spot facing partners, then 4 capers starting R.

First figure Dance Around (no foot up): dance round half way, 4 capers, continue back to place, 4 capers.

4 capers half way through each figure and at end of figures & chorus. At start of second half of hey, middles face original tops and pass L shoulders (original bottoms facing down).

Chorus: Screw Down (ie 2 sidesteps travelling away from music and circling leading arm at waist level), Screw Up (repeat facing up but doing it on the spot with other arm), Foot Up (surge with 4 db).

BLUE BELLS OF SCOTLAND

Sticks for 6 or 8 (standard version), 6 (our version).

First figure is Walk Around singing *"Oh where tell me where has my highland laddie gone? He's gone to the wars with his frilly knickers on"* and Foot Up.

Chorus:

Odds tips hit evens butts x2, evens tips hit odds butts x2; repeat;

Odds tips hit evens butts, evens tips hit odds butts; repeat for 5 hits, clash. Repeat whole chorus.

Final extra sticking is double time double sticking (with partner).

Standard version: sticking just with partner; doubles first time, singles second time and so on.

Our version: all double sticking, 1st chorus with partner, 2nd chorus middles face up, 3rd chorus middles face down. Pattern repeats. When with partner, odds strike first, otherwise the person facing down hits first. This pattern leaves the dancers facing the right way to go into the next figure.

SHOOTING (BEAUX OF LONDON CITY)

Sticks for 6, held as rifles (butts between arm and chest) in figures.

Stepping: Single step, start L every time, rearing back (R, swinging stick arm backwards) and clash at end of each figure. Free arm swings slightly more stiffly than usual throughout.

First figure Bang Around (same arm as foot) and Foot Up.

Chorus:

Advance towards corner right foot start, clash on 3rd step. Stamp R foot when shooting. NB

Shooting is from the shoulder. Rear up before clashing partner.

1 first corners clash, second corners clash, third corners clash, all clash partner; repeat.

2 first corners shoot across, second corners shoot across, third corners shoot across, all clash partner; repeat.

3 first corners shoot ducks, second corners shoot ducks, third corners shoot ducks, all clash partner; repeat.

4, 5, 6 same as 1, 2, 3 but shoot musicians at very end of dance.

HASTE TO THE WEDDING

Hankies. Left foot start for everything – both halves.

First figure Dance Around (no foot up).

Chorus:

Foot Up: 2 double steps up (starting left foot); 4 single steps backwards; 1 double step forward and a step and jump (arms gather and then go wide); 2 singles back then 2 plain capers facing partner.

Each half-figure ends with 2 capers. Dance finishes with 4 capers facing at the end of the hey.

Currently rested:

SOUTH AUSTRALIA

Source: via Eryri Morris, ultimately from Adelaide Morris. Standard Adderbury figures.

Walk round in tight circle sticks horizontal radiating out from centre at waist height (representing pushing on a capstan) singing: “*In South Australia I was born, Heave away, haul away. In South Australia round Cape Horn, we’re bound for South Australia*”. 4 capers in set formation facing up starting on word “*bound*” and straight into Foot Up.

Chorus: evens present stick horizontally, odds strike its middle, then evens strike odds. Then sticks vertical strike tips forehand, backhand, wave in air, forehand. Then sticks horizontal all in a line to represent pulling rope on each side of set and pull down the set with 2 small steps, then 3 capers up (starting left) & 1 caper to face partner.

BUFFOON

BADBY

Hankies or sticks. *Source*: OM workshop by John Burke (King John's MM) and Bacon.

Stepping: Start right foot both halves. 3 double steps, no single steps. Leg Across – step onto R with unweighted left toe tap on the ground to the right of the right leg, and then same with the other foot.

Hankies: Expansive 2-handed twirl on doubles in front of body waist height. Twirl (backwards) above head on Leg Across. Twirl leading hand on sidesteps.

Sticks: Held low when not clashing. Half way through hey, middles clash across set, end clash while facing end. Twirl describes a figure of eight with tip – away from wrist, start clockwise.

Figures: Cast Round (start close together – parallel lines, LA facing down half way through), Set Straight, Back to Back, Hands Around, Whole Hey. Dances end on the WH, except where shown.

BROAD CUPID

Hankies. *Music*: “From Night till Morn”.

Chorus: Corners cross. 1&6, 2&5, 3&4. In position with ss rt, ss lt, db, LA then cross set: 1st time with 2 doubles, 2nd with 2 side steps, 3rd with 4 plain capers, 4th with double capers.

Every time end with 1 double step to turn to face your corner, leg across.

TRUNKLES

Hankies.

Chorus: (different every time) 1st corners salute, then 2nd, then 3rd; then corners cross same order.

Salutes: 2 capers, db (no hop) LA, followed by: 1: stamp R, kick corner's foot with R; 2: stamp R, kick corner's foot with L; 3: shake hands; 4: doff caps.

Crossings: 1: 4 doubles; 2: 4 side steps; 3: 8 plain capers; 4: 8 half capers. (No slows)

Every time end with 1 double step to turn, leg across.

SHOOTING/BEAUX OF LONDON CITY

Sticks. *Music*: as Bacon, but 3/8 (thanks, Bernard).

No leg across: instead, dib (i.e. hold stick vertical and hit the butt onto the ground) with a little jump.

Chorus: First half – dib, hit partner's butt, then tip (forehand). Repeat twice. Then twirl stick & clash.

Second half – in the order partner, corner, partner: dib, strike tip on the ground, shoot from the shoulder. Then twirl & clash. Very last time shoot the musicians as the end of the dance.

BRIGHTON CAMP

Source: invented by EOS for Xmas 2001. Based on Stanton Harcourt Brighton Camp.

Sticks. *Music*: “Brighton Camp” or “Good King Wenceslas”.

Chorus: Sticking & half hey.

Recipients present sticks over and behind their heads, holding both ends. Strike middle of stick, showily. Striking pattern is odds, evens, odds, evens for people not hitting middles;

1st time middles present to tops, 2nd time middles present to bottoms, 3rd time all odds strike, 4th time all evens strike. Second time repeat same pattern but top and bottom couples have swapped places, middles still the same, ie present up first. Try to turn clockwise between hits whenever possible.

BEAN SETTERS

Source: Oyster Morris at Sidmouth (amended). Sticks. *Music*: modified from Headington, Brackley.

Chorus: Walk across set passing partner R shoulder, hitting the floor R-L-R, then, pausing briefly with feet together, hit partner's stick backwards low down, and continue R-L-R while turning and clash high with partner. Positions 2 and 5 start sticking to their right-hand neighbour in a circle (receiving sticks horizontal); followed by stick twirling and clash across. When not hitting or being hit, the middles briefly hold sticks vertically. Repeat back to place (R shoulder again).

FIELDTOWN

The slowest, therefore the most height needed, also one of the most energetic and stylish!
Many of figures such as rounds and hey are more complex than in other traditions and call for a high degree both of individual control and teamwork. In some ways the best tradition. — Bacon

Stepping: All figures start with anacrusis ie preparatory hop and body moves into direction of travel so arms up high and float down with first beat “and a 123 hop”. Most travel on first db.

Back Step is hop back, twisting heels in at same time; Feet together jump is ftj. Sidesteps (ss) are usually closed (css), but Long Sidesteps (lss) are always open – oss rt, db rt (ie 7 steps and a hop) and similarly oss lt. (Plain) Capers are pc.

Galley is 3 hops on weight-bearing foot, other leg bent 90 degree at knee so thigh horizontal and foot describes 3 small circles; first is biggest, heel down. Can also be done to turn out as in foot up.

Slows are Beetle Crusher and RTB/LTB. Beetle Crusher is crush, step, 2 plain capers. RTB is tap right toe behind, step, jump, kick left. LTB other foot.

Hankies: Arms go vertically up above head just before double steps, hankies float down slowly as vertically as possible. On back steps arms go out on first then in a little on second as part of style but also to avoid clashing on back to back. Arms down and up twice on 4 pc at end of dance. Balance position for galleys. For slows, balance on 1st, gather on 2nd, high on 3rd for lift, and out on 4th.

Sticks: Long stick, same arm movements as hankies. Clash at end of figures.

Figures Start on outside foot.

Normal sequence is OY, FU, HG, BB, HR. Normal stepping sequence is db, db, bs, bs, ftj.

Once to Yourself is always 2 bs, ftj.

Foot Up (and down) don't move forward, galley rather than bs in most dances.

Half Gip and Back to Back fairly straightforward.

Half Rounds start on R foot: round on 1st db, radially into tight circle on 2nd, back out on back steps, use jump to turn out $\frac{3}{4}$ turn and back other way starting db on L foot.

Half Hey is Cotswold style, start with ss on leading foot. Turn on 2nd ss and backwards into place on bs.

Long Fieldtown dances have double-length figures.

Most dances are hankies.

BALANCE THE STRAW

Sticks.

Chorus: dib behind, dib in front, tips backhand, tips forehand; dib behind, dib in front, tips forehand x3; half hey. Repeat.

BANKS OF THE DEE

Hankies.

Chorus: Column, all face up on previous ftj. 1st then 2nd then 3rd show R, then all show L. Half hey. Then repeat the shows facing down, but start L then all together on R. Half hey.

Shows are: 1: Wave (both hands, rising on toes); 2: Galley; 3: Beetle Crusher; 4: RTB (or LTB).

VALENTINE

Hankies.

“Borrowed” from Ascott-under-Wychwood tradition.

Finish with a Whole Hey.

Chorus: Corners 1st 2nd 3rd. Closed side step right then left, then a “show”, then db r, db l, 2bs, ftj.

Shows are: 1: Salute (wave with right hand, then left); 2: Galley right, then left; 3: Beetle Crushers right, then left; 4: RTB, then LTB.

LUMPS OF PLUM PUDDING JIG

Hankies.

Figures: OY, FU, Chorus, BC, Chorus, RB, Chorus.

FU: 4 doubles, css rt, css lt, 2 back steps, ftj

BC: 4 beetle crushers, css rt, css lt, 2 back steps, ftj

RB: rtb, ltb, rtb, ltb, css rt, css lt, 2 back steps, ftj

Chorus: lss rt, lss lt, css rt, css lt, galley rt, ftj; at end of dance caper LR in last bar instead of ftj.

Currently rested:

STEP BACK (OLD MOLLY OXFORD)

Long Fieldtown.

Step rather dance backwards. No jump.

Figures: Foot up, Chorus, Half Gip, Chorus, Back to Back, Chorus, Rounds.

FU: start inside foot. Foot up, Galley $\frac{1}{4}$ inwards to face down; Foot down. Galley outwards all the way to face across.

HG and BB start outside (normal foot) so galleys are all L, then all R.

Rounds start left foot. All up (or in?) at end.

Chorus: long side step sequence (R first), half hey. Repeat.

SIGNPOSTS (SHEPHERD'S HEY)

No jumps or galleys: just rise up on tip toe instead, hands do wide sweep out with arms straight to horizontal. Chorus is whole hey.

BLUE EYED STRANGER/WALK OF THE TWOPENNY POSTMAN/GARY OWEN

Closed side step rt, double rt, closed ss left, feet tog jump, half hey repeat.

(ie count 7 then hop 4 then ftj)

THE FORESTER

As Blue Eyed Strangler but no galleys.

COUNTRY GARDENS

Sticks.

Chorus: EOS version (based on Stanton Harcourt) stick throw 1st 2nd 3rd corners. Half hey. Repeat.

[original version (EOS don't do this)

1 bar evens strike odds on middle beat

2 bar odds stike evens (receiving stick held horizontal)

3rd & 4th bars butts tips butts tips, Half hey. Repeat. Figures standard. End of dance plain capers]

THE ROSE

DEAREST DICKY

Long Fieldtown.

ILMINGTON

Source: OM workshop notes by Mike Nesbitt in 2006 and Adlington MM's notes from 2009. Quotes from Ilmington Morris Men (IMM).

6 dancers.

Stepping: 2 doubles, 2 singles turning in place, feet together jump. Outside foot start.

Hankies: arms down from straight out at shoulder level to side at waist level, then back up, with a little snatch into the jump (hands higher). In (open) sidestep, hanky high twirl brushing hair backwards. In plain capers, hands do a circle at waist level. For the 4 capers at the end of dances hankies do 3 circles then up.

Sticks: More or less vertical (independent suspension at the wrist!), going down & up much as hankies would.

Figures

Foot up & across (on the spot)

Into Line

Back to Back

Cross and Turn (cross on 1st db, turning on hop, 2nd db on spot facing up or down, turn out on singles, ftj facing partner, and return similarly)

Rounds (see below)

Ilmington Hey

Similar shape to Upton hey with extra "twiddles", which should be done very close to your partner.

Bottoms turn down and out first (twiddle) into hey & go up middle. Tops set off down middle of set, and turn out when get to place (twiddle) at bottom of set. Middles set out wide starting diagonally but facing each other, and turn up and out (twiddle) when at top of set (part way through hey). Everyone goes wide through middle of set.

In half hey dances, original top couple lead both halves.

Whole Rounds

All turn out to go into rounds, start L foot, ie over right shoulder. Halfway through, reform the set. Then carry on same direction, starting R foot. End 4 capers turning out over R shoulder to face the audience at end of dance.

JUBILEE (OYSTER GIRL)

Source: from dancing of Adlington Morris Men at Mobberley Xmas 2006.

Perhaps one of the earliest known dates for the specific composition of a dance is that of the stick dance 'The Jubilee'. It was composed for Queen Victoria's Diamond Jubilee celebrations in 1897. — IMM

Sticks.

Chorus: Sticking and half hey; repeat. Sticks held with two hands.

Forehand to partner; forehand to person to your left of partner; backhand, forehand to partner;

Backhand to partner; backhand to person to your right of partner; forehand, backhand to partner

CUCKOO'S NEST

Source: modified from dancing of Yorkshire Coast Morris at Liverpool Autumn 2006.

Sticks ("or handclapping" — IMM).

Chorus: Sticking and half hey repeat.

Evens present stick horizontally at chest height: odds (holding butts with two hands) hit evens' stick 3 times; similarly, evens hit odds' stick 3 times; then, single-handed, tip-to-tip, butt-to-butt alternately 3 times then (a bit harder) clash tips once (ie 7 hits).

JOCKEY TO THE FAIR

Source: made up in Ilmington style by Lyn and Alan Oct 2008, based on Fieldtown Banks of the Dee.

Music: “Brackley Jockey to the Fair version 2”, ref Morris Ring website.

Hankies. Column dance all facing up.

Chorus: (12 bars x 2) 2 bars each for:

1st chorus 2 waves on the spot, ie salute (to right first, then left)

2nd chorus 2 double steps (right first)

3rd chorus 2 side steps (right first)

4th chorus 4 plain capers (right first)

Each time done by 1st couples, then 2nd, then 3rd, then all do it, then straight into half hey (4 bars).

Repeat the chorus facing down. NB 1st, 2nd, 3rd couples will retain their numbers.

KING HARRY

Source: New Esperance workshop at Whitby, 2016, but modified to fit our more usual Ilmington style.

Music: “John Geddes’ King Harry” (derived from Jeremiah Clarke’s “Prince William’s March”).

Hankies.

Couples are in a different place for each figure. (*New Esperance have a whole hey instead of one of the usual figures, e.g. FU, BB, CT, WH, WR.*)

Chorus:

1 (first 4 bars) Bottoms do 1 sidestep down and 1 ss up, then 2 singles turning down and out to face up in centre of set and then feet together jump;

2 (second 4 bars) Top two couples do a long sidestep down (7 steps and a hop, with 3 hanky twirls using leading hand) while bottoms do two double steps up; then all do 2 singles turning up and out to face across, and feet together jump. NB Bottoms have to pause slightly when they reach the top of the set so that all dancers are finishing their turn out together.

LICHFIELD

Source: Facsimile reprint, Bacon and OM Workshop.

Stepping: Start right foot. Double or single stepping. Swing backs are back step, swinging free leg wide from the hip.

Figures: Swagger or Dance Round in a horseshoe shape (1&2 pass rt at top, lt at bottom);

Heading Up: 3 & 4 dance up outside of 1 & 2 forming a line of 4 facing up; at the same time bottom 4 do the same. Swing backs to place.

Heading Down: Vice versa to face down in 2 lines of 4.

Back to Back: B-to-B R into a line, and then 4 swing backs to place. Repeat L shoulder, but with 2 swing backs and a caper.

Lichfield Hey ('toffee paper'): All start stepping; 1st corners cross R shoulder, 2nd cross R shoulder, all pause, sides & ends cross L shoulder, repeat till home. When approaching end of set from a diagonal, turn out (scissor handle). No pause to reach place at end of hey. 1st corners are those in *positions* 1&4 and 5&8.

All figures finish with a caper. Finish with chorus, except for Ring o' Bells.

VANDALS

Long stick carried 2-handed across body. Double stepping and swing backs.

Figures: 1 Swagger Round, 2 Heading Up, 3 Heading Down, 4 Back to Back, 5 Hey.

Chorus: Clash to the right, to the left, partner fore-back-fore then move stick down, side step right, side step left, caper, caper, clash standing on both feet. Repeat, but with high 2-handed show instead of clash, facing up at the end of the dance.

RING O' BELLS

2 long sticks. Single stepping. Hold sticks low by side while dancing. Clash own sticks above your head on the final caper of each figure.

Figures: 1 Dance round, 2 Back to Back, 3 Hey, 4 Heading Up and Out.

Heading Up and Out: First half same as Heading Up. 2nd half 2 moves slightly left to be next to 1, 3&4 go to their right, 5&6 go left and 7&8 go far right, in one long line facing up across the front of the set. End with caper, caper, show, then all turn right except 8, who turns left and collects sticks.

Chorus: Clash right sticks with the person diagonally on your right, left to partner, right to the person diagonally on your left, left to your partner. Repeat. The clashes are high, with slight pull down 'like bell ringing'. Four capers: up, out, down, in. Hold sticks out fairly low and clash down 3x on neighbour's stick with your right stick.

THE SHERIFF'S RIDE

Hankies. Down and up hand movement with arms out forwards. Balance position for swing backs.

Lichfield Caper (LC) right – drop back onto right foot, caper onto L, hop L while swinging rt foot forward & caper forward onto it. LC left is the same on the opposite foot. Hankies in LC are big circle up and round and wide, then forward with a big circle all the way down, back a bit on the hop, then up and out diagonally high to finish.

Figures and stepping as Vandals, except Heading Up & Down are: 4 doubles; 2 closed side steps, right foot first towards left, then left foot first towards right, with hankies flicked forwards and low; 3 swing backs to place; plain caper in place.

Chorus: While rising on toes, flick both arms from shoulder towards face of partner, repeat, LC right. Repeat flicks, LC left.

JENNY LIND

One long stick (L) and one short stick (R). Single stepping. Clash own sticks above your head on the final caper of each figure.

Figures as Vandals but start with 2 swing backs and 2 capers at end of Once to Yourself, and end with an extra chorus, done double-time.

Chorus:

Hit floor twice with long stick, hit partner's long stick twice with long stick held low.

Do the following 3 times: with sticks held higher, hit top of own long stick with short stick twice, hit partner's short stick with short stick twice (forehand) held high.

Hit floor twice with long stick, hit partner's long stick twice with long stick held low.

With sticks held higher, hit top of own long stick with short stick twice, hit partner's short stick with short stick twice (forehand) held high.

Hit top of own long stick near tip with short stick once. Then, hitting underside of own long stick with tip of short stick, hit towards butt of long, tip of long, butt of long.

Then (high) hit tip of partner's short stick with tip of short stick 3x fore-back-fore.

Currently rested:

MILLEY'S BEQUEST

2 big sticks.

CHORUS: Hit ground with butts right then left, then clash with partner tips right then left, side step right, side step left, galley over.

Galley Over right: step R, swing left leg over right leg, landing L, caper onto R. (Galley Over left – legs the other way round)

Interpreted as "attempt to jump over your own leg"!

Figures:

1 STEP IN LINE i.e. dance a stationary foot up, galley over outwards and caper to face down. Repeat.

2 BACK TO BACK (into a line) as Vandals

3 CROSS OVER cross to partner's place pass rt shoulder. Galley over & caper upwards. Repeat to place (passing rt again but galley over & caper downwards).

4 ROUNDS (of 4) 4 bars double step clockwise to corner's place. 4 plain capers: 1&4 cross back to place first then 3& 4.

5678 do same. Repeat anti-clockwise.

5 DOUBLING UP Couple back to back on the side i.e. evens move as pairs round each other while odds move in pairs round each other. Double steps and swing backs.

→			
2	4	6	8
		←	
→			
1	3	5	7
		←	

ODDINGTON

Source: Phil Watson's notes for OM Workshop Nov 2012; also Bacon.

Stepping: Left foot start both halves, except in sidestep. Normal sequence: 2 double steps, 2 back steps, feet-together jump. All dances start and finish with Galley L and Hook-Leg R. At end of dance bottom couple remember to turn parallel in correct direction for G, HL.

Arms: The wave is a vigorous swing of arm across body up to eye level, opposite arm to foot (ie always R arm swing first), one swing per double step, one per back step; on ftj, gather in and throw out.

Sticks: All stick dances have a hanky in the left hand; arm movements as above, but clash partner on ftj.

Figures: Foot up: face up and dance on the spot, jump to face in and dance on spot. Half Gip: just past partner. Whole Gip: face partner as much as possible. Back to Back: standard. Half Hey: standard, left foot lead.

Sequence: FU, HG, Chorus, FU, BB, Chorus, FU, WG, Chorus. In corner dances (which we don't currently do): FU, Corners cross (CC), HH, HG, CC, HH, BB, CC, HH, WG, CC, HH.

YOUNG COLLINS

Sticks.

Chorus: Hit floor with tip x3, clash tips low x3, hit floor with tip x3, clash tips high x3, HH. Repeat.

CONSTANT BILLY (BILLY BOY)

Sticks.

Chorus: Evens hold stick horizontal in both hands (face height) while odds strike once, same with evens striking odds, all do 4 capers while striking tips, butts, tips, butts, HH. Repeat.

LORD OF THE DANCE

Sticks.

Chorus: Butts on floor behind, butts on floor in front, clash tips across twice, clash diag R, clash diag L, HH. Repeat.

HIGHLAND MARY

Hankies.

Chorus: Long closed ss R (7 steps, hop), closed ss L (4 steps), hook (weight on outside foot) into HH (starting L foot). Repeat. Arms in sidesteps are: ss R: 1 R arm wave on steps 1234, 1 wave of both arms on steps 567h; ss L: 1 L arm wave.

UPTON-UPON-SEVERN

Figures

Whole Rounds (“Morris”).

Back to Back Right. Fill all the A music.

Back to Back Left. Fill all the A music.

Hey on the Ends Right (“three or tree tops right”). Middles turn right, reel of 3 with the end couple, passing left shoulders first. Normally called Middles Right.

Hey on the Ends Left (“three or tree tops left”). Middles turn left; mirror image of above

Hey on the Side (Upton, Grimstock or “boing” hey) Whole hey – “boing” in at ends, move apart when in middle. 1st couple face down, bottom two couples face up. Middles dance out on first double step and dance up on second.

Final Whole Rounds.

NB Lots of sides dance Upton, most of them differently!

UPTON STICK DANCE

Long sticks on shoulders, vigorous double stepping. Left foot start. In the figures the set should be wide.

Stepping: Widen (or lengthen in the Upton Hey) the set before each figure by dancing the first double step outwards (which is usually backwards) and surge forward on the second step.

In the final WR, point stick into centre of set on 3rd step – keep the rounds big until the final bar when form a tight circle with 2 capers and sticks high.

Choruses

8 hits (as below), then clash tips and dance a smallish circle over left shoulder (turn single), advancing to the next place anticlockwise on the turn single; repeat.

Tips and Butts (hold sticks in middle fairly vertical; tips forehand, butts backhand)

Quarter Staves (two-handed hold; left hand down first, then right down, etc)

Fencing (sword fighting: big sweeps anticlockwise from the shoulder – try not to bend elbow, clash at top first).

Dance

Rounds; T&B; BB R; QS; BB L; F; 3 Tops R; T&B; 3 Tops L; QS; Hey, F; Rounds

UPTON HANKY DANCE

Same figures as Upton Stick. No chorus. Left foot start. Double stepping. Arms go down & up roughly from shoulder to waist level. Arms straight (ie elbows not bent) slightly wider than body.

Set should be big as there is no sticking, so no need to widen it at the start of each figure. Ideally, the Heys on the End should flow into each other. Final Rounds end with 4 capers into the centre to finish (hankies down-up-down-up).

Dance

Rounds; BB R; BB L; Middles R; Middles L; Boing Hey;

Angles ie BB R on the diagonal (1st corners with each other, middles to person on opposite right) to rotate set through 90 degrees, so original number 2 becomes new number 1; then in new positions: BB L; Middles R; Middles L; Hey; Rounds.

WINSTER

PROCESSIONAL

Hankies.

Stepping: Double steps (very gentle) or walk if called.

Figures: Forward, Diagonal Crossing, BB, HG, Half Rounds of 4.

Sequence: F, DC. Repeat. Other figures instead, if need to be stationary. All as called.

Arms: By side. Raised forward (and down) to shoulder height on 1st beat of every 4 bars.

MISCELLANEOUS

TINNER'S RABBIT

Only done as an all in dance, except in an emergency!

Sticks.

Music: "Uncle Bernard's".

Format Sets of 3 in a circle.

Stepping: Single steps.

Sequence Chorus, 1 Fig of 8, Chorus, 2 Fig of 8, Chorus, 3 Fig of 8, Chorus, Star Right, Chorus, Star Left Clashing, Chorus.

Chorus Sticking (two handed): 1 clash with 2, 2 clash with 3, 3 clash with 1 (x4); all tips on ground (x3). (12 clashes, 3 on ground)

Fig of 8: Dancing person goes between the other two (who stand still) and dances a Figure of Eight, going right first. (If time, can be done 1½ times).

[Some sides do an extra figure here Triangles: sticks held in horizontal triangle while dancing round.]

Star Right: Right hand Star sticks in the middle.

Star Left: Left hand Star, sticks in right hand clashing with other sets.

Final Chorus: Three strikes on the ground, jump to face out, holding stick two-handed above head.

GREENHAM

Used as an all in dance.

Hankies.

Source: Women of Greenham Common (allegedly)

Music: Speed The Plough (or Kafoozalum or any hornpipe or reel) 2A, 2B. Speed up near the end.

Format: Any even number, in two facing rows, head couple opposite each other with all the rest to their left.

Started by one pair then cumulative. Single stepping.

Right hand turn for 8 steps, then back with L hands for 8. Free hand is just raised to shoulder level.

Back in place open ss rt, open ss left, turn single over right shoulder for 4 steps. High wave from shoulder in the sidesteps, and leading hand flick up and pull down (same hand as foot) in turn single.

Repeat ss and turn single.

Then move towards next person diagonally right in opposite line with right hand extended.